

## North Lancashire Counselling Service

### Trainee Placement - Person Specification

<b>Education and Experience</b>	Studying for Stage 3 course (as defined by BACP) in person-centred or other humanistic counselling (E). See: <a href="https://www.bacp.co.uk/careers/careers-in-counselling/training/">https://www.bacp.co.uk/careers/careers-in-counselling/training/</a>
	Student member of BACP (E)
Prior to beginning placement	Passed readiness to practice assessment by training provider (E)
	DBS certificate (E)
	Previous experience of role in a care environment and/or volunteering for charity (D)

<b>Skills/Knowledge</b>	Demonstrates understanding of therapeutic model being studied (E)
	Demonstrates understanding of core counselling conditions (E)
	Demonstrates developing ability to engage with reflective practice (for example based on practical course activities) (E)
	Demonstrates developing understanding of general counselling principles such as the use of supervision, ethical practice, contracting, commitment to equal opportunities. (E)
	Demonstrates understanding/alignment with the purpose and values of NLCS (E)
	Demonstrates good communication skills (E)
	Evidences ability to use IT - for example to undertake counselling, room booking system, access policies and procedures and other documents, general communication (D)

<b>Personal Qualities</b>	Demonstrates congruence in relations with others (E)
	Evidences/demonstrates ability to contribute as part of a team of peers (E)
	Evidences ability to work independently and to self-organise (E)
	Willingness to travel to the Lancaster premises as required. (E)
	Evidences/demonstrates self-care activities, networks, and/or other forms of support (E)
	Willingness to contribute to the general running of NLCS where possible (e.g. telephone team, fundraising). (D)
	Interest in continuing with NLCS on a voluntary basis after training has finished. (D)

E – Essential

D – Desirable